**WEEK 3:**

**I’M YOUR NURSE**

**PRE-CLASS**

**Activity 1:** Watch the video: <https://www.youtube.com/watch?v=Vcd8741YwIY>

Then, answer the following questions:

1. Which one is the correct way to greet an elderly patient for the first time?
2. Good morning, Tim.
3. Good morning, Mr. Timothy Brown.
4. Good morning, sweetie.
5. Which one is the most appropriate way to introduce yourself as a nurse or carer to an elderly patient?
6. I’m Samantha, your nurse today.
7. I’m Sam, your nurse today.
8. I’m Mrs. Brown, your nurse today.
9. Why do carers or nurses in a nursing home or hospital use a badge?

(A) To help patients remember the nurse’s or carer’s name

(B) To help the nurse or carer remember their own names

(C) To make them feel more confident wearing the badge

1. Which expression do we use to ask the patient’s health?
2. How are you?
3. How are you feeling today?
4. How do you do?
5. Is it okay to use a term of endearment (e.g. dear, sweetie, sweetheart) to address a patient?
6. Some elderly don’t like carers or nurses to use it.
7. Some elderly don’t know what it is.
8. Some elderly don’t care what it is.

**IN-CLASS**

**Activity 1. Interviewing friends**

Look at the table below. Complete your part, then interview your friends to complete their part. Finally, the report about your friends to the class.

|  |  |  |  |
| --- | --- | --- | --- |
| **Questions** | **You** | **Your friend (1)** | **Your friend (2)** |
| 1. Where do you come from?
 |  |  |  |
| 1. What is Favorite nursing subject?
 |  |  |  |
| 1. What is favorite non-nursing subject?
 |  |  |  |

**Activity 2: Model Dialog**

Read the model dialog (a nurse meeting a patient for the first time)

* Now you will learn to introduce themselves to a patient.
* Read the model dialog silently first to see if there are difficult words you want to ask.
* Then, read the dialog out loud
1. Teacher reads, students repeat after the teacher
2. Group A read part A, group B read part B
3. 1 Student reads part A, another student reads part B

**Model Dialog**

Nurse Shally Brown is meeting her patient, Mrs. Wilma Blaine (55) for the first time. Mrs. Blaine has back injury.

|  |  |  |
| --- | --- | --- |
| Nurse | : | Good morning, Mrs. Wilma Blaine. I am Nurse Shally Brown but you can just call me Shally. I’ll be looking after you this afternoon.  |
| Patient | : | Oh, hello Shally. Just call me Wilma, please. |
| Nurse | : | Okay, Wilma. How are you feeling today, Ma’am? |
| Patient | : | Not so good, actually. I couldn’t sleep well last night because my back is really aching. |
| Nurse | : | I see. Your back is aching? Which part is it? |
| Patient | : | This part, right here! |
| Nurse | : | Okay. This part? Let me do an observation on you now. Would that be alright? |
| Patient | : | Sure, go ahead. |
| Nurse | : | All right. After the observation I’ll see if I can do anything about your back pain.  |
| (a while later) |  | (after the observation) |
| Nurse | : | There you go, Wilma. Are you feeling much better, now? |
| Patient | : | Much better, thank you, Shally. |
| Nurse | : | Good. I’ll report this to the doctor too.  |
| Patient | : | Thank you. |
| Nurse | : | Well, nice talking to you today, Wilma. I need to go now to see other patients. If you need me, just press this bell and I will come as quickly as I can. |
| Patient | : | Okay. Thanks. |

**Activity 3: Understanding the dialog**

Check your understanding of the dialog by answering the following questions.

1. What time of day is it?
2. What is the name of the nurse?
3. What does she prefer to be called?
4. What is the name of the patient?
5. What does she prefer to be called?
6. What seems to be the problem with the patient?
7. What will the nurse do about the problem?
8. What can we do about a back pain?
9. What should the patient do if she needs the nurse?
10. What will Nurse Shally do next?

**Activity 4: Understanding the expressions**

Read the dialog and answer the following questions.

1. What should a nurse do when she or he introduces herself/himself to a patient for the first time?

What do you say to …

* Greet the patient
* Say the profession and the complete name
* Say the preferred name
* Say the purpose of her visiting the patient
1. Now, can you try to introduce yourself to a patient?
* Greet the patient
* Say the profession and the complete name
* Say the preferred name
* Say the purpose of her visiting the patient
1. What does the nurse say to ask how the patient is feeling?
2. What does the nurse say to respond to the pain the patient is feeling?
3. Acknowledge:
4. Validate:
5. Normalize:
6. Encourage:
7. What does the nurse do after the patient describes the pain?
8. What does the nurse say before leaving the patient?

**Activity 5:** Practicing the dialog using given clues.

Directions: Use the following clues to practice the dialog with a partner. Take turn to act out the part of the nurse.

|  |  |  |
| --- | --- | --- |
| ***Nurse*** | ***:*** | ***Greet the patient with her complete name.*** ***Introduce yourself and the purpose of visit***  |
| Patient | : | Oh, hello Shally. Just call me Wilma, please. |
| ***Nurse*** | ***:*** | ***Respond to the patient. And ask how the patient is feeling.*** |
| Patient | : | Not so good, actually. I couldn’t sleep well last night because my back is really aching. |
| ***Nurse*** | : | ***Acknowledge the pain and validate where the pain is.*** |
| Patient | : | This part, right here. |
| ***Nurse*** | ***:*** | ***Normalize the feeling by telling the patient you will do an observation on her. Ask if it is okay.***  |
| Patient | : | Sure, go ahead. |
| ***Nurse*** | ***:*** | ***Explain what you will do***  |
| (a while later) |  | (after the observation) |
| ***Nurse*** | ***:*** | ***Ask how the patient is feeling after the treatment.*** |
| Patient | : | Much better, thank you, Shally. |
| ***Nurse*** | ***:*** | ***Give encouragement to the patient and tell the patient that you will inform the doctor about this.***  |
| Patient | : | Thank you. |
| ***Nurse*** | ***:*** | ***Show your appreciation talking with the patient and inform her that you need to see other patients. Explain what the patient should do if she needs you.*** |
| Patient | : | Okay. Thanks. |

**Activity 6. Role Play**

**Directions**: Role play a similar dialog with your partner.

**Activity 7. Video Watching and Weekly Assignment**

<https://www.youtube.com/watch?v=4peIFulusSk>

What lessons did you get from watching the video?

* From watching the video I learned \_\_\_ lessons.
* First, I learned that \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
* Another lesson that I learned is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
* In conclusion, I think nursing is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.